

What happens at Mass?

Read it together before Sunday. Bold purple words are what we say.

At Mass we:  Stand  Sit  Kneel

We gather



Step 1

Entrance and the Sign of the Cross

 Stand

We stand and sing as the priest walks in and kisses the altar. Then we all make the Sign of the Cross together.

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Priest: The Lord be with you.

And with your spirit.



Step 5

The Gospel

 Stand

We stand to hear a story about Jesus. We trace three little crosses on our forehead, lips and heart: Jesus, be in my mind, on my lips and in my heart.

Alleluia! (not in Lent)

Priest: A reading from the holy Gospel according to...

Glory to you, O Lord.

Priest: The Gospel of the Lord.

Praise to you, Lord Jesus Christ.



Step 2

Saying sorry (the Penitential Act)

 Stand

We tell God we are sorry for the times we were not kind, and ask Him to forgive us.

Priest: Lord, have mercy.

Lord, have mercy.

Priest: Christ, have mercy.

Christ, have mercy.

Priest: Lord, have mercy.

Lord, have mercy.



Step 6

The homily

 Sit

We sit while the priest helps us understand God's word. Listen for one thing to remember!

Nothing to say: just listen. Try to catch one word or idea to talk about at lunch.



Step 7

We believe (the Creed)

 Stand

We stand and say together what we believe about God: the Father, the Son and the Holy Spirit.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible...



Step 3

Glory to God (the Gloria)

 Stand

We sing a happy song of praise, like the angels on the night Jesus was born.

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You...



Step 8

The Prayers of the Faithful

 Stand

We pray for the Church, for the whole world, for people who are sick and for people who have died.

Reader: Let us pray to the Lord.

Lord, hear our prayer.



Step 4

The readings and the Psalm

 Sit

We sit and listen to stories and words from the Bible. God is speaking to us!

Reader: The word of the Lord.

Thanks be to God.

We listen

What happens at Mass? (continued)

We give thanks



Step 9

The Offertory (bringing the gifts)

Sit

then stand

The bread and wine are brought to the altar, and we give to the collection. We can give Jesus our hearts too.

Priest: Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.



Step 10

Holy, Holy, Holy

Stand

The priest asks us to lift up our hearts to God. Then we sing with all the angels and saints in heaven.

Priest: Lift up your hearts.

We lift them up to the Lord.

Priest: Let us give thanks to the Lord our God.

It is right and just.

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna in the highest.



Step 11

The Consecration

Kneel

The most special moment! The priest says Jesus' own words, and the bread and wine become Jesus, His Body and Blood. Look up at the Host and the chalice when the priest holds them high.

Priest: The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

Priest: Through him, and with him, and in him...

Amen!

We receive Jesus



Step 12

The Our Father

Stand

We stand and pray the prayer Jesus taught us, all together as one family of God.

Our Father, who art in heaven, hallowed be thy name...

Priest: Deliver us, Lord, we pray, from every evil...

For the kingdom, the power and the glory are Yours now and for ever.



Step 13

The Sign of Peace

Stand

We wish the people around us the peace of Jesus, with a smile and a handshake or a little bow.

Priest: The peace of the Lord be with you always.

And with your spirit.

To the people near us: Peace be with you.



Step 14

Lamb of God

Stand

then kneel

We sing to Jesus, the Lamb of God, while the priest breaks the Host. Then he holds it up, and we tell Jesus how much we need Him.

Lamb of God, you take away the sins of the world, have mercy on us... grant us peace.

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.



Step 15

Holy Communion

Walk up

Kneel to pray

Everyone who has made their First Holy Communion receives Jesus. Little ones come up too, with arms crossed over their chest, for a blessing.

Priest: The Body of Christ.

Amen.

We go out



Step 16

The Blessing and going out

Stand

The priest blesses us, and we make the Sign of the Cross. Then he sends us out to share Jesus' love with everyone.

Priest: May almighty God bless you, the Father, and the Son, and the Holy Spirit.

Amen.

Priest: Go forth, the Mass is ended.

Thanks be to God.