3rd Sunday of Easter

My Sunday Mass Page

Sunday, 11 April 2027 · Luke 24:35–48

Name _____



1 Today's Gospel

It Is I! Jesus Eats with His Friends

The two disciples who had walked to Emmaus rushed back to Jerusalem. They told the others how they had recognised Jesus when He **broke the bread**. While they were still talking, Jesus Himself stood among them and said, "Peace be with you!" They were frightened and thought they were seeing a **ghost**. Jesus said, "Look at my hands and feet; yes, it is I indeed. Touch me and see for yourselves."

They were so full of joy that they could hardly believe it. Jesus asked, "Have you anything here to eat?" They gave Him a piece of grilled **fish**, and He ate it in front of them. Then He opened their minds to understand the **Scriptures**: the Christ would suffer and rise on the third day, and repentance and forgiveness of sins would be preached in His name to all nations. "You are witnesses to this," He said.

Jesus really rose from the dead with His body. He still comes to us in the Word and the Bread at Mass, and He asks each of us to be a **witness**, telling others that He is alive.

Big idea! Jesus is **really alive**, body and all. He meets us at Mass and sends us out as His **witnesses**.

> Listen at Mass: In the Psalm we sing *"Lift up the light of your face on us, O Lord."* In the first reading, Peter tells the crowd that God raised Jesus from the dead, and says, "To that fact we are the witnesses."
>
> Go deeper: Read the Emmaus story just before it, in Luke 24:13–35. The Catechism explains that the risen Jesus showed His disciples His real body by letting them touch Him and by eating with them (CCC 645).

2 Think It Through

Answer in a sentence or two.

1. What two things did Jesus do to show He was not a ghost?

2. Why does it matter that Jesus rose with a real body?

3. How could you be a witness for Jesus at school or at home?

3 My Prayer

Write a prayer thanking Jesus for being alive and with you, or asking Him to help you share His good news.

Dear Lord Jesus,

4 Witness News

You are a reporter in Jerusalem! Draw the front page of a newspaper about what the disciples saw, with a headline.

Ideas: Jesus showing His hands · the grilled fish · the amazed disciples · a headline like He Is Risen

"Look at my hands and feet; yes, it is I indeed." **Luke 24:39**