

My Sunday Mass Page

Sunday, 28 March 2027 · John 20:1-9



1 Today's Gospel

The Empty Tomb: He Saw and He Believed

On the first day of the week, while it was still **dark**, Mary Magdalene came to the tomb and saw that the **stone** had been taken away. She ran to Simon Peter and the other disciple, the one Jesus loved, and said, "They have taken the Lord from the tomb, and we don't know where they put Him."

So Peter and the other disciple set out, and both of them **ran**. The other disciple ran faster and reached the tomb first. He bent down and looked in, but he did not go in. Then Simon Peter arrived and went inside. He saw the **linen cloths**, and the cloth that had covered Jesus' head rolled up by itself. Then the other disciple went in too, and he saw and **believed**. They had not yet understood the Scripture that He must rise from the dead.

Nobody had stolen Jesus away. God had raised Him to new life! The disciples did not see Jesus yet, only the signs He left behind, but they began to believe. Easter is the heart of our faith: Jesus is **risen**, and death does not have the last word.

Big idea! The empty tomb tells us **Jesus is risen**. Like the beloved disciple, we can **believe**!

Listen at Mass: In the Psalm we sing *"This is the day the Lord has made; let us rejoice and be glad."* In the first reading, Peter says the disciples ate and drank with the risen Jesus!

Go deeper: Read John 20:11-18 to find out what happened when Mary Magdalene stayed by the tomb. The Catechism says the empty tomb was the disciples' first step towards recognising the Resurrection (CCC 640).

2 Think It Through

Answer in a sentence or two.

1. What did Peter and the other disciple find inside the tomb?

2. Why did the empty tomb help the disciple believe?

3. How would you tell a friend the good news of Easter?

3 My Prayer

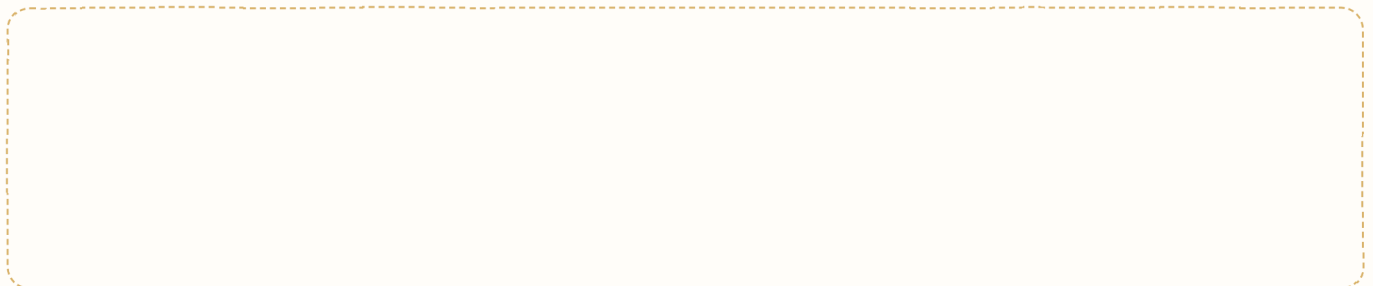
Write a prayer thanking Jesus for rising from the dead, or asking Him to help your faith grow.

Dear Lord Jesus,

4 Easter Morning

Draw the tomb on Easter morning, showing the clues that helped the disciples believe. Label each clue.

Ideas: the rolled-away stone · the linen cloths · the folded head cloth · the sunrise · Peter and the beloved disciple running



"He saw and he believed." John 20:8