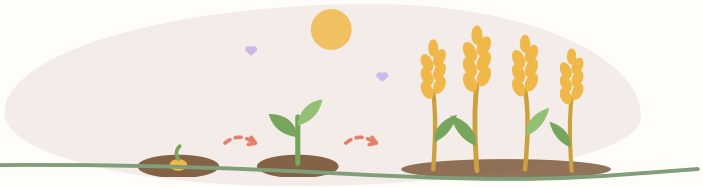
5th Sunday of Lent

My Sunday Mass Page

Sunday, 14 March 2027 · John 12:20–33

Name _____



1 Today's Gospel

The Grain of Wheat: Jesus' Hour Has Come

Some Greeks who had come to worship at the Passover went to Philip and said, "Sir, we would like to **see Jesus**." Philip and Andrew went and told Jesus.

Jesus answered, "The hour has come for the Son of Man to be glorified." He said, "Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit." He admitted that He was **troubled**, yet He prayed, "Father, glorify your name." A voice came from heaven, and some people in the crowd thought it was thunder. Jesus said, "When I am lifted up from the earth, I will draw everyone to myself."

Jesus was speaking about His death on the **cross**. Like a seed in the soil, He would give His whole life, then rise at Easter and bring new life to the world. Whoever serves Him must **follow** Him. When we give up our own way to love others, our lives bear **fruit** too.

Big idea! Jesus gave His life like a seed in the ground so that we could have **new life**, and when we **give ourselves in love**, our lives bear fruit too.

Listen at Mass: In the Psalm we sing *"Create a clean heart in me, O God."* In the first reading, God promises to write His law on our **hearts**.

Go deeper: The Catechism explains that Jesus being lifted up on the cross also points to His being lifted up into heaven at the Ascension (CCC 662).

2 Think It Through

Answer in a sentence or two.

1. How is Jesus like a grain of wheat?

2. When do you find it hard to trust God?

3. What could you give up this week to help someone?

3 My Prayer

Ask Jesus to help you follow Him and serve others this Lent.

Dear Lord Jesus,

4 Seed to Harvest

Draw a grain of wheat growing from seed to harvest. Beside each step, write a way to serve like Jesus.

Ideas: seed in the soil · first green shoot · tall stalk · a full golden harvest

"Sir, we would like to see Jesus." **John 12:21**