4th Sunday of Lent

My Sunday Mass Page

Sunday, 7 March 2027 · John 3:14–21

Name _____



1 Today's Gospel

Lifted Up: How Much God Loves the World

Jesus was talking with Nicodemus, a teacher who came to Him at night. He reminded him how Moses once lifted up a bronze snake on a pole in the desert, and whoever looked at it was healed. Jesus said, "The Son of Man must be **lifted up**, so that everyone who believes may have eternal life in Him."

Then He said: "God **loved** the world so much that He gave His only Son, so that everyone who believes in Him may not be lost but may have **eternal life**." God sent His Son not to condemn the world, but so that through Him it might be **saved**. Jesus is the **light** who has come into the world, and "the man who lives by the truth comes out into the light."

Being lifted up means the cross. When we look at a crucifix, we see how much God loves us. Jesus came not to catch us out, but to rescue us. On this Laetare Sunday of joy, we step into His light whenever we are honest, say sorry and let Him forgive us.

Big idea! The cross shows how much **God loves the world**: Jesus came to save us, so we can **live in His light**.

Listen at Mass: In the second reading, St Paul says *"it is through grace that you have been saved"*: a gift from God, not something we earn.

Go deeper: Read the bronze snake story in Numbers 21:4–9. The Catechism quotes John 3:16 to explain why Jesus came (CCC 458).

2 Think It Through

Answer in a sentence or two.

1. Why did Jesus compare Himself to Moses' bronze snake?

2. Why did God send His Son into the world?

3. When is it hard for you to step into the light?

3 My Prayer

Thank Jesus for His love, and ask Him to help you live in His light this week.

Dear Lord Jesus,

4 John 3:16 Poster

Design a poster for John 3:16. Write the verse in your best lettering and decorate it to show God's love.

Ideas: a glowing cross · the whole world in God's hands · a sunrise · a rose-pink border · Moses' bronze snake on a pole

"God loved the world so much that He gave His only Son." John 3:16