

Ash Wednesday

TALK ABOUT IT AT DINNER

What does the little cross of ashes on your forehead mean?

2. Where is a quiet place at home where you can talk to Jesus?
3. What could our family share with someone who needs help this Lent?

THIS WEEK WE ARE PRAYING FOR

"Your Father who sees in secret will reward you."

Matthew 6:6

GRACE BEFORE MEALS

Bless us, O Lord, and these Your gifts, which we are about to receive from Your bounty, through Christ our Lord. Amen.

Help us to share what we have with people who are hungry.

This week we'll: Set up a giving jar and a small prayer corner today. Each evening of this first week of Lent, add a coin or do one secret kindness, then say a short prayer together there.

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