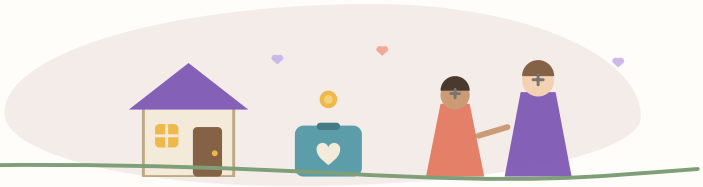
Ash Wednesday

My Holy Day Mass Page

Wednesday, 10 February 2027 · Matthew 6:1–6, 16–18

Name _____



1 Today's Gospel

Jesus' Secret Ways to Love God

Jesus taught His friends three special ways to grow close to God: **giving**, **praying** and **fasting**. Some people did good things just so others would notice them. But Jesus said, "When you give to the poor, do not blow a trumpet." Give quietly, so even your left hand does not know what your right hand is doing!

Jesus said, "When you pray, go into your room and shut the door." And when you fast, which means giving up some food, wash your face and smile, so nobody needs to know. "Your Father who sees in secret will reward you."

Today is **Ash Wednesday**, the first day of **Lent**. The priest puts a little cross of ashes on our foreheads. It says, We belong to Jesus, and we want to grow closer to Him. For forty days we pray, share and give things up, to get our hearts ready for Easter!

Big idea! Lent is our time to **grow closer to Jesus** by praying, sharing and giving things up — quietly, **just for God**, who sees it all!

> Listen at Mass: In the Psalm we sing *"Have mercy on us, O Lord, for we have sinned."* In the first reading, God says, *"Come back to me with all your heart."*

2 One Little Question

Jesus showed us three ways to grow close to God in Lent. Can you fill in the missing words?

1. I can _____ to God in a quiet place.
2. I can _____ with people who need help.
3. I can _____ by giving up a treat.

Word bank: pray · share · fast

3 My Prayer

My prayer to start Lent:

Dear Jesus,

4 Draw It!

Draw your Lent promises: one way you will pray and one way you will share.

Ideas: a bedtime prayer · a quiet prayer corner · putting coins in a giving box · sharing a toy · giving up a sweet treat

I will pray by…	I will share by…

"Your Father who sees in secret will reward you." Matthew 6:6