

My Sunday Mass Page

Sunday, 20 December 2026 · Luke 1:26-38



1 Today's Gospel

The Annunciation: Mary's Yes to God

God sent the angel **Gabriel** to Nazareth, to a young woman named **Mary**. She was engaged to Joseph, who came from the family of King David. Gabriel said, "Rejoice, so highly favoured! The Lord is with you." Mary was deeply troubled and wondered what this greeting could mean.

"Mary, do not be afraid," said the angel. "You are to have a son, and you must name Him **Jesus**. He will be called Son of the Most High, and His reign will have no end." Mary asked, "But how can this come about?" Gabriel answered that the **Holy Spirit** would come upon her, and the child would be called Son of God. Even her old relative Elizabeth was expecting a baby, for nothing is impossible to God. Mary replied, "I am the handmaid of the Lord, let what you have said be done to me."

Mary did not understand everything, but she **trusted** God and said yes. Because of her yes, God's own Son became one of us. This Advent, we can say yes to God too, in prayer, in kindness and in doing what is right even when it is hard.

Big idea! Mary trusted that **nothing is impossible to God** and said yes. God invites **your yes** too.

Listen at Mass: In the first reading, God promises King David a kingdom that will last for ever. Listen for how the angel says the same about Jesus!

Go deeper: Read Luke 1:39-45 to find out what Mary did next. The Catechism says Mary answered the angel with "the obedience of faith", certain that with God nothing is impossible (CCC 494).

2 Think It Through

Answer in a sentence or two.

1. What did Gabriel say Mary's Son would be called?

2. What does Mary's answer show about her trust in God?

3. What is one yes you can give God this Advent?

3 My Prayer

Write a prayer asking Jesus to help you trust God and say yes to Him, like Mary did.

Dear Lord Jesus,

4 Draw or Write

Draw the moment Gabriel greets Mary, and write the angel's words that begin the Hail Mary.

Ideas: Gabriel's wings · Mary listening · a dove for the Holy Spirit · "Hail Mary, full of grace, the Lord is with you"

"Nothing is impossible to God." **Luke 1:37**