

# My Sunday Mass Page

Sunday, 6 December 2026 · Mark 1:1-8



## 1 Today's Gospel

### John the Baptist: A Voice in the Desert

Mark begins with the **good news** of Jesus Christ, the Son of God. Long before, the prophet **Isaiah** had written that God would send a messenger ahead of Him, a voice crying out in the desert: "Prepare a way for the Lord, make His paths straight."

That messenger was **John the Baptist**. He wore camel's hair with a leather belt and ate locusts and wild honey. People came from all over Judea and Jerusalem, confessed their sins, and were baptised by John in the River Jordan. John told them, "Someone more powerful than I am is coming after me. I am not worthy to bend down and untie His sandals. I have baptised you with water, but He will baptise you with the **Holy Spirit**."

John was pointing to Jesus. Advent is our time to **prepare the way** too, by turning back to God, saying sorry, forgiving others and making time to pray. Then our hearts will be ready to welcome Jesus at Christmas.

**Big idea!** In Advent we **clear the path in our hearts** so that Jesus can **come right in**.

**Listen at Mass:** In the Psalm we sing "*Let us see, O Lord, your mercy, and give us your saving help.*" Isaiah calls for every valley to be filled in and every mountain made low!

**Go deeper:** Read Mark 1:9-11 to see what happened when Jesus came to the Jordan. The Catechism calls John the Lord's forerunner, sent to prepare His way (CCC 523).

## 2 Think It Through

Answer in a sentence or two.

1. What did John say about the One coming after him?

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2. What does it mean to "prepare the way" for Jesus in your heart?

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3. What is one "mountain" in your heart you want to clear this Advent?

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## 3 My Prayer

Tell Jesus how you will get your heart ready for Him this Advent.

Dear Lord Jesus,

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## 4 Road Sign

Design an Advent road sign for the way to Jesus! Draw a straight path and write a message on your sign.

Ideas: "Sorry Spoken Here" · "Forgiveness Ahead" · "Prayer Stop" · a manger at the end of the road

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"Prepare a way for the Lord, make His paths straight." **Mark 1:3**